

## Waiver and Release of Liability

I, \_\_\_\_\_, acknowledge that I have voluntarily chosen to participate in the Stride Champs running camp organized by Stride Champs, scheduled to take place from 6/10/24 to 7/29/24

In agreeing to participate, I understand and accept the following terms:

1. **Assumption of Risks:** I acknowledge that engaging in running activities carries inherent risks, including but not limited to bodily injury, illness, or property damage. I recognize that these risks may arise from my actions, the actions of others, or environmental conditions. I willingly assume all such risks.
2. **Health and Fitness Certification:** I confirm that I am physically fit and do not possess any medical conditions that would impede my participation in the running camp. I agree to comply with all guidelines and instructions provided by the organizers, including safety protocols.
3. **Release of Liability:** I hereby release, waive, and discharge Stride Champs running camp, its directors, officers, employees, volunteers, agents, and representatives from any and all liability, claims, demands, actions, or causes of action arising from any loss, damage, or injury, including death, sustained during my involvement in the running camp.
4. **Indemnification:** I agree to indemnify and hold harmless Stride Champs from any losses, liabilities, damages, or expenses incurred as a result of my participation in the running camp.
5. **Photography and Publicity:** I grant permission for Stride Champs to utilize photographs and/or videos featuring me for promotional purposes without compensation.
6. **Emergency Medical Treatment Authorization:** In the event of an emergency, I authorize Stride Champs to seek necessary medical treatment on my behalf. I accept full financial responsibility for any associated medical expenses.
7. **Parental Consent (if participant is under 18 years old):** As the parent or legal guardian of the participant, I consent to their participation in the running camp and agree to all terms outlined in this waiver.

By signing below, I acknowledge that I have carefully read and fully understand the terms of this waiver and release of liability. I voluntarily agree to be bound by its provisions, recognizing that by doing so, I am relinquishing certain legal rights, including the right to pursue legal action.

Participant's Name: \_\_\_\_\_

Participant's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Name (if participant is under 18): \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_